

# **A Liturgy for Morning Prayer**

(Modified from Brian Zahnd)

## **ADDRESS**

Father God, Creator of Heaven and Earth,  
God of Abraham, Isaac, and Jacob,  
God of Israel,  
God and Father of our  
Lord and Savior Jesus Christ,  
true and living God who is  
Father, Son, and Holy Spirit,  
have mercy and hear our prayer.

## **FIRST PRAYERS**

O Lord, open our lips.  
and our mouth shall  
proclaim Your praise.

Glory to the Father,  
and to the Son,  
and to the Holy Spirit:  
As it was in the beginning,  
is now, and will be forever.  
Amen. (Hallelujah)

O God, make speed to save us.  
O Lord, make haste to help us.

Glory to the Father,  
and to the Son,  
and to the Holy Spirit:  
As it was in the beginning,  
is now, and will be forever.  
Amen. (Hallelujah)

## **JESUS PRAYER**

+ Lord Jesus Christ, Son of God,  
have mercy on me.

## **PSALM FOR THE DAY**

### **APOSTLES' CREED**

I believe in God, the Father Almighty,  
maker of Heaven and Earth.  
And in Jesus Christ,  
His only Son, our Lord;  
Who was  
conceived by the Holy Spirit  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, dead, and buried.  
He descended to the dead.  
The third day  
He rose again from the dead;  
He ascended into Heaven,  
and sitteth on the right hand  
of God the Father Almighty.  
From thence He shall come  
to judge the quick and the dead.  
I believe in the Holy Spirit,  
the holy Christian Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.

### **JESUS PRAYER**

+ Lord Jesus Christ, Son of God,  
have mercy on me.

### **PSALM 23**

The Lord is my shepherd, I lack nothing.  
He makes me lie down in green pastures,  
he leads me beside quiet waters,  
he refreshes my soul.

He guides me along the right paths  
 for his name's sake.  
 Even though I walk through  
 the darkest valley,  
 I will fear no evil,  
 for you are with me;  
 your rod and your staff,  
 they comfort me.  
 You prepare a table before me  
 in the presence of my enemies.  
 You anoint my head with oil;  
 my cup overflows.  
 Surely your goodness and love  
 will follow me  
 all the days of my life,  
 and I will dwell in the house  
 of the Lord forever.

## **PSALM 91:1-2**

Whoever dwells in the shelter  
 of the Most High  
 will rest in the shadow  
 of the Almighty.  
 I will say of the Lord,  
 "He is my refuge and my fortress,  
 my God, in whom I trust."

## **PRAYER FOR FAMILY**

### **JESUS PRAYER**

+ Lord Jesus Christ, Son of God,  
 have mercy on me.

## **LORD'S PRAYER (EXPANDED)**

## **PETITION AND INTERCESSION**

## **CONTEMPLATION (SITTING WITH JESUS)**

### **PRAYER TO THE CRUCIFIED CHRIST**

Lord Jesus,  
You stretched out  
Your arms of love  
upon the hard wood of the cross  
that everyone might come within  
the reach of Your saving embrace;  
So clothe us in Your Spirit that we,  
reaching forth our hands in love,  
may bring those  
who do not know You  
to the knowledge and love of You;  
For the honor of Your Name.  
Amen.

### **PRAYER FOR PEACE**

O God, You have made of one blood  
all the peoples of the earth,  
and sent Your blessed Son  
to preach peace  
to those who are far off  
and to those who are near.  
Grant that people everywhere  
may seek after You and find You.  
Bring the nations into Your fold.  
Pour out Your Spirit upon all flesh,  
and hasten the coming  
of Your Kingdom;  
through Jesus Christ our Lord.  
Amen.

### **PRAYER OF ST. FRANCIS**

Lord, make me an instrument

of Your peace,  
 Where there is hatred,  
 let me sow love;  
 Where there is injury, pardon;  
 Where there is doubt, faith;  
 Where there is despair, hope;  
 Where there is darkness, light;  
 Where there is sadness, joy;

O Divine Master,  
 grant that I may not so much  
 seek to be consoled,  
 as to console;  
 to be understood,  
 as to understand;  
 to be loved,  
 as to love.  
 For it is in giving that we receive,  
 it is in pardoning  
 that we are pardoned,  
 and it is in dying  
 that we are born to Eternal Life.  
 Amen.

## **PRAYER FOR GRACE**

Lord God,  
 Almighty and Everlasting Father,  
 You have brought us in safety  
 to this new day:  
 Preserve us with Your mighty power,  
 that we may not fall into sin,  
 nor be overcome by adversity;  
 And in all we do,  
 direct us to the fulfilling  
 of Your purpose;  
 through Jesus Christ our Lord.  
 Amen.

## **CONFESSION OF THE MYSTERY**

Christ has died.

Christ is risen.  
Christ will come again.

## **JESUS PRAYER**

+ Lord Jesus Christ, Son of God,  
have mercy on me.